



# SFSE

Swarajya Future Smart Education  
EDUCATION TOWARDS INNOVATION

## Brain Gym syllabus

We create smart leaders  
with multiple learning  
activities



# Syllabus of DTG (Brain Gym)

## ABACUS

### Starters - Level 1 (3 Month)

- Introduction of abacus and tool
- Add/Less With Abacus – 1,2 digit sum
- 1 to 99 numbers up to 5 row

### Movers - Level 2 (3 Month)

- Add/Less With Abacus – 1,2,3 digit sum
- Mental: 1 - Digit ( 3 rows )
- Combination formula

### Rider - Level 3 (3 Month)

Addition and subtraction, Multiplication

- Abacus: 2 - Digit ( 5 rows ); 3 - Digit ( 3 / 4 rows ) up to 1 & 2 Digit 20 Rows
- Mental: 1 / 2 - Digit ( 5 rows ); Multiplication: 1- Digit by 1-Digit (Mental)

### Racers - Level 4 (3 Month)

Addition and subtraction

- Abacus: 2 - Digit ( 6, 7 rows ); 1, 2 - Digit ( 8 rows ); 1, 2 ,3 - Digit ( 7 rows ); 3 - Digit ( 4, 5 rows ) up to 20 row
- Mental: 1- Digit ( 7, 8 rows ); Multiplication: 2 - Digit by 1- Digit (Abacus & Mental)

### Flyers - Level 5 (3 Month)

Addition and subtraction with Abacus: 1,2,3 - Digit ( up to 9 rows ); 4 - Digit ( up to 5 rows );

- Mental: 1- Digit ( 9, 10 rows ); 1, 2 - Digit ( 8 rows ); 2 - Digit ( 4, 5 rows ) up to 15 row
- Multiplication: Mental; 2 - Digit by 1- Digit; 3 - Digit by 1- Digit (Abacus & Mental)
- Division: 2, 3 - Digit by 1-Digit (Abacus & Mental)

### Endeavours - Level 6 (3 Month)

Addition, subtraction, Multiplication and Division

- Abacus: 1, 2, 3, 4 - Digits ( 12 rows ); 5 - Digits ( 5, 6 rows ); (Mental) 2 - Digits ( 6, 7, 8 rows ) up to 20 row
- Multiplication: 3 - Digit by 1- Digit; (Mental) 4 - Digit by 1- Digit (Abacus & Mental)
- Division: 4 - Digit by 1- Digit; (Mental) 5 - Digit by 1- Digit (Abacus & Mental)

### Achievers- Level 7 (3 Month)

- Add/ Less with Abacus: 2, 3, 4 - Digit ( 15 rows ) (with and without decimals); 5 - Digit ( 7, 8 rows )
- Mental: 2 - Digit ( 6, 7, 8, 9, 10 rows); 2, 3 - Digit ( 8 rows ) up to 20 row
- Multiplication: 4 - Digit by 1- Digit (Mental); 2 - Digit by 2 – Digit (Abacus & Mental)
- Division: 5 - Digit by 1- Digit (Mental); 3 / 4 - Digits by 2 – Digits (Abacus & Mental)

### Stars - Level 8 (3 Month)

- Add / Less with Abacus: 3, 4 - Digit ( 15 rows ); 5, 6 - Digit ( 9 rows ) up to 20 row
- Mental: 3 - Digits ( 7rows ) (with and without decimals)
- Multiplication: 2 - Digits by 2 – Digits (Mental); 3 - Digits by 2 - Digits
- Division: 3 / 4 - Digits by 2 – Digits; (Mental) 5 -Digits by 3 / 2 Digits (Abacus & Mental)

# Memory Science

## STAGE 1

Basics of Memory  
How to memorize a long list  
How to Imagine

## STAGE 2

How to Memorize Periodic Table  
How to Memorize Book Author  
How to Memorize GK

## STAGE 3

How to Memorize Vitamins  
Use of Rhyme Method

## STAGE 4

Value Method  
Memorize Number of things  
Memorize Important Persons

## STAGE 5

How to Memorize Long Answer  
How to memorize Pointwise  
Answer

## STAGE 6

How to Memorize Indian  
Constitution & Historical Dates

## STAGE 7

How to Memorize Speed of Sound  
How to Memorize PH Value

## STAGE 8

How to Memorize Periodic Table

## STAGE 9

How to memorize Economical  
Data & Headings

# Content of Brain Boosting activity

There are lots of activities

such as

PUZZLE, MATHS GAME, PHYSICAL ACTIVITY, BOTH HAND ACTIVITIES, MENTAL ACTIVITY, CROSS ACTIVITY,  
COLOR GAMES, WALKING ACTIVITY, DANCE ACTIVITY

# HTML CODING

Basic html code

of website designing

to enhance creativity, to reduce mobile handling time

# Meditation & Visulaization with alpha music

Imagination with alpha music,

Mind relaxation activity

Goal attraction, Concentration power

# Handwriting Improvement

## STAGE 1

Importance of good Handwriting  
Analysis of Bad Handwriting  
Problem Identifications

## STAGE 2

Rules for good handwriting  
Seating position, Pen holding style  
Paper Angle, Exercises

## STAGE 3

Basic Strokes, Air Practice  
Strokes practice with three line,  
single line, blank page

## STAGE 4

Normal Strokes, Air Practice  
Strokes practice with three line,  
single line, blank page

## STAGE 5

Advance Strokes, Air Practice  
Strokes practice with three line,  
single line, blank page

## STAGE 6

Strokes practice with Paragraph  
writing and daily practice

# Phonics

## English

Spelling Reading & Writing  
Sentence Read & Write

## Marathi, Hindi

बाराखडी  
शब्द वाचणे आणि लिहिणे

# Good Behaviour सु-संस्कार

Daily Prayer  
Good Habits  
Ethical behaviour in society  
Om Exercise

Fees:

**1000/- Per Month**

Class Duration:

**2 hours every week**

Every Sunday to Sunday batch

Course Duration:

It's a mind development activity through brain gym, it includes daily practice and exercise  
so duration is depend on child progress and satisfaction

ही मेंदूच्या व्यायामशाळेद्वारे मेंदूच्या विकासाची क्रिया आहे, त्यात दैनंदिन सराव आणि व्यायामाचा समावेश  
आहे त्यामुळे कालावधी हा मुलांच्या प्रगती आणि समाधानावर अवलंबून असतो

FOR MORE INFORMATION: